

## Tea Tree (Melaleuca alternifolia), Available in: 10 ml glass bottle



Rating: Not Rated Yet

**Price**

£10.95

[Ask a question about this product](#)

Description

**10 ml - £10.95**

**USDA Certified Organic essential oil.**



Tea Tree oil is one of the most used essential oils in aromatherapy because of its wonderful healing properties. Native to Australia, Tea Tree oil is unusual in that it is active against all three categories of infectious organisms - bacteria, fungi, and viruses. It is a very powerful immunostimulant. Tea Tree is effective against cold sores, verrucae, and warts, it is also used for the treatment of the blisters caused by chickenpox and shingles. It is therefore useful both for treating infection and preventing it.

Tea Tree is the all-round first-aid oil. No house should be without this essential oil, while it is great to clean wounds and also relieves muscle aches and pains.

The oil is only produced in Australia where the Aborigines used it for a long time for a variety of medicinal purposes.

Tea tree oil is an ingredient of soaps, creams, lotions, deodorants, disinfectants, and air fresheners.

**More information:**

**Botanical Name:** Melaleuca alternifolia.

**Common Name:** Tea Tree.

**Family Name:** Myrtaceae.

**Parts used:** The leaves and twigs of the tree.

**Aroma:** medicinal, fresh, woody, earthy, herbaceous.

**Colour:** Clear with a yellow tinge.

**Method of Extraction:** Steam Distillation.

**Country of origin:** Sout Africa.

**Chemical Type:** Tea Tree may consist of terpinen-4-ol (Alcohol), 1-8 cineole and b-pinene. The main chemical components of tea tree oil are a-pinene, sabinene, myrcene, a-phellandrene, limonene, γ-terpinene, p-cymene, terpinolene, linalool.

**Properties:** antimicrobial, anti-inflammatory, antiseptic, antiviral, balsamic, bactericidal, cicatrisant, cooling, expectorant, fungicidal, insecticide, immune- stimulant, sudorific, vulnerary and tonic.

**Which conditions/systems benefit from its use?**

**Skin:** any fungal or viral infections; cold sores and spots(used neat), acne, athlete's foot, warts, viruses, infected wounds or boils; blisters, burns, sunburn, dandruff, general itching.

**Lymphatic:** glandular fever.

**Nervous:** revitalizes the mind and body aftershock.

**Respiratory:** flu, colds, catarrh, promotes sweating so can reduce fever. It can help also with glandular fever and gingivitis. Apart from the superb anti-infectious properties of tea tree oil, it is also most effective to help clear bronchial congestion, asthma, coughs, sinusitis, whooping cough, and tuberculosis.

**Urinary:** thrush, cystitis, urinary tract infections.

**Genito-urinary system:** it can be used to help clear vaginal thrush, cystitis and genital infections in general.

**Immune:** boosts the immune system, thus can help shorten the time of illness by helping the body's defenses to fight back. Tea tree oil is very important in the health of the immune system, as it acts as an immune-stimulant and increases the body's ability to fight off any infections.

**General:** useful to prepare the body for an operation and to help it recovers. A course of massage with tea tree oil before an operation may help to fortify the body and reduce post-operative shock.

**Blends well with:** Tea tree oil blends particularly well with [Cinnamon](#), Clary sage, [Clove](#), [Geranium](#), [Lavender](#), [Lemon](#), Myrrh, Nutmeg, Rosewood, [Rosemary](#) and [Thyme](#).

**Applications**

Aromatherapy use: As a blended massage oil or diluted in the bath, tea tree oil helps with all respiratory symptoms, as well as arthritis, colds, dermatitis, skin infections, scalp disorders, sinusitis, viral infections, nettle rash, babies colds and coughs, bronchitis, as well as for sweaty feet.

Aromatic lamp: air disinfectant, emollient, insect - 5-6 drops of Tea tree.

Aroma Pendant: against viral infections – 1-2 drops of Tea tree.

Gargle: influenza, angina, cough - 1 cup hot water/emulsifier on-sugar, soda, salt, honey / 1-2 drops of Tea tree.

Mouthwash: Tea tree oil can be used as a mouthwash for gum infections, mouth ulcers, throat infections, and tonsillitis, while garlic eaters believe that it reduces the smell of garlic on the breath, in bad breath, bleeding and sore gums, mouth ulcers, against the formation of tartar - 10 ml water 1-2 drops of Tea tree.

Bath: promote blood circulation, anti-perspiration - for a full body bath up to 6 drops and 1-2 drops for a footbath.

Sauna: bacterial, viral infections - 10 drops of Tea Tree 500 ml water.

Massage: mental fatigue, fever, muscle pain - 25 ml base oil ( almond, avocado, apricot, grape seed ) max 8 drops of Tea tree.

Shampoo and hair mask: strengthens your hair, dandruff - as a general rule for creams, shampoos, gels, etc use 1 or 2 drops per 5ml.

Foot Bath: removes odors and perspiration –1-2 drops of Tea tree oil to bathwater.

Cream or lotion: When tea tree oil is blended into a cream or lotion and applied to the skin, it will help to clear up any fungal, bacterial as well as viral infections - and can, therefore, be used for a variety of problems - ranging from boils, abscesses, acne, bite wounds from animals and humans, dandruff and other scalp disorders and is also effective to help sort out bedsores, diaper rash or any other rash.

When it is added to the water for washing it has great value to treat abscesses, bedsores, acne, boils, lice, dandruff, wounds, as well as animal or human bites and can also be applied neat on problem areas with a cotton bud. Use 1 or 2 drops per 5ml.

Aroma Spray disinfection of air, insect – 15-20 drops of Tea tree add to 250ml water, shake the bottle and spray the room.

**Precautions**

Tea Tree is generally safe but can irritate the skin in some cases. Please remember that it is a powerful essential oil, and the neat application onto the skin must be done with care.

**But remember...**

Tea tree oil is one of the most powerful immune stimulant oils and helps fight infections of all kinds ( bacteria, viruses and fungi) and helps clear the skin. It is the all-round first-aid oil. Tea tree is therefore useful both for treating infection and preventing it.

**Important Note:**

Any reference to a disease or condition name does not indicate treatment for this disease or condition. Essential oils are without therapeutic indications. The information provided is for educational purposes only.

#### Reviews

There are yet no reviews for this product.