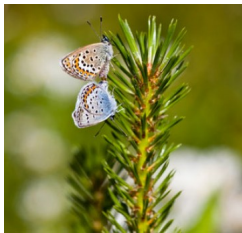


Juniper needle (Juniperus communis), Available in: 5 ml; 10 ml glass bottle

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Juniper needle (Juniperus communis), Available in: 5 ml; 10 ml glass bottle



Rating: Not Rated Yet

**Price**

£5.63

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Description

**5 ml - £6.25**

**10 ml - £8.95**

**100% organic essential oil (CERES USDA)**



Astringent, cleansing natural oil suitable for use in aromatherapy. Juniper needle oil may help with cellulite, fluid retention, digestive problems, acne, eczema, oily skin, psoriasis and dandruff.

**More information**

**Botanical Name:** Juniperus communis.

**Common Name:** Juniper needle.

**Family Name:** Cupressaceae.

**Parts used:** needle.

**Aroma:** middle note/ fresh, pine, woody.

**Colour:** clear to pale yellow.

**Country of origin:** Bulgaria (EU).

**Method of Extraction:** Steam Distillation.

**Chemical Type:** may consist of alfa&beta pinene (monoterpenes), limonene, myrcene and sabinene.

**Properties:** antiseptic, astringent, clearing, detoxifier, disinfectant, diuretic, relaxing, sedative, stimulant, tonic, warming.

**Which conditions/system benefit from its use:**

**Skincare:** acne, eczema, oily skin, psoriasis and dandruff.

**Skeletal:** Juniper has a warming effect which eases symptoms of arthritis, rheumatism and goat.

**Circulatory:** aids cellulite.

**Nervous:** Juniper needle oil detoxifies, clears the body and stimulates the mind, relieves stress-related conditions and tensions.

**Urinary:** a powerful diuretic and antiseptic. Juniper oil can use also to treat cystitis; diuretic helps fluid retention.

**Reproductive system:** helps to relieve menstrual oedema and swelling as well as PMS, helps with enlargement of the prostate.

**General use:** good for cleansing the air.

**Perfumery:** middle note/ fresh, pine, woody.

**Blends well with:** Clary Sage, [Geranium](#), [Lavender](#), [Pine](#), [Rosemary](#), [Sandalwood](#) and all citrus essential oils.

### Applications

Massage: max 8 drops of Juniper needle/ 25ml Carrier oil.

Baths: For a full body bath up to 6 drops and 1-2 drops for a foot bath.

As a general rule for creams, shampoos, gels etc use 1 or 2 drops per 5ml.

Steam inhalation: Place 1 or 2 drops in a bowl of hot water or a proprietary steamer.

Burners: Use 2 drops in the burner.

### Precautions

Avoid in people with kidney problems. Nephrotoxic - irritates kidney Avoid during pregnancy. Contraindicated for people with individual intolerance to Juniper.

### But remember...

Juniper detoxifies, cleaning out the body and mind of excesses, whether fluids, anxieties or the build-up of toxins.

### Important Note:

Any reference to a disease or condition name does not indicate a treatment for this disease or condition. Essential oils are without therapeutic indications. The information provided is for educational purposes only.

### Reviews

There are yet no reviews for this product.