

Essential oils Set, (3x10 ml)



Rating: Not Rated Yet

Price

£16.95

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Description

Please note: gift bag may vary.

Gift Set 3 x 10ml Essential Oil in Seasonal Gift Bag. Incl. Natural Peppermint oil, Geranium oil and Orange oil.

Peppermint oil, 10 ml

Properties: analgesic, antiseptic, antineuralgic, antiparasitic, antiviral, antipruritic, carminative, cephalic, cooling, decongestant, digestive tonic, expectorant, febrifuge, insecticidal, stimulant, stomachic, vasoconstrictive, vermifuge, uplifting.

Applications

Aromatic lamp: refreshing, energizing, purifying, use 5-6 drops of peppermint.

Aroma Pendant: deodorizing, antiviral, headaches, dizziness – 1-2 drops of peppermint oil.

Bath - to tone in mental fatigue, muscle pain: For a full body bath up to 6 drops and 1-2 drops for a foot bath.

Sauna: antiseptic, antibacterial and tonic, colds and flu use 10 drops of peppermint in 500 ml water.

Steam Inhalation: Place 1 or 2 drops in a bowl of hot water or a proprietary steamer, it will clear the head leaving you feeling fresh and bright. In fever, sore mouth - 3-4 drops of peppermint oil in 1 liter of hot water, place in a bowl and breathe for 10 minutes.

Massage - a general tonic and cooling effect: for full body massage - 25ml base oil / almond, avocado, apricot, grape seed, jojoba / 8 drops of peppermint.

Gargle: in bad breath - 3 drops of peppermint in 10 ml water.

Face creams: for oily skin, acne - use 1 or 2 drops Peppermint per 5ml cream.

Foot Bath: to neutralize the smell – 1-2 drops for a foot bath.

Aroma Spray: for deodorizing, refreshing, disinfecting, increase concentration – 15-20 drops of peppermint in 250 ml water, shake the bottle and

spray the room.

Vaporizers: Burners ; Light bulbs; Diffusers; Radiators. About 2 drops of oil is usually enough for each use.

Geranium oil, 10 ml

Geranium oil cleanses and refreshes all skin types: irritated, oily, dry, mixed loose and aging, tightens pores and breast. It helps to remove cellulite, helps in cases of eczema, dermatitis, burns, herpes, varicose veins and stop the bleeding. Balances hormones, reduces fluid retention and hot flashes, menopause and PMS, reduced vaginal dryness. Reduces high blood pressure. Insects repelent.

All 3 contain only 100% pure natural essential oils and are ideal for natural room fragancing. Also available to purchase individually.

Applications

Rose geranium oil can be used in blended massage oil, or diluted in a bath to assist with PMS, depression, stress, anxiety and tension, fluid retention, edema, eczema, shingles, cellulite, bruises, ringworm, hemorrhoids and menstrual irregularities

Aromatic lamp: invigorating the activation of mental and physical potential to improve mood - 5-6 drops of geranium.

Aroma pendant: invigorating, refreshing, high blood pressure 1-2 drops of geranium oil.

Steam Inhalation: headache, insomnia, depression.

Place 1 or 2 drops in a bowl of hot water or a proprietary steamer.

Bath : depression, nervous disorders for toning. For a full body bath up to 6 drops and 1-2 drops for a foot bath.

Massage: to freshen the skin, remove cellulite use 8 drops of Geranium in 25 ml base oil (stimulates circulation and lymph).

Rum spray : 15-20 drops geranium in 250ml water, deodorizes, cleans the air, against moths, mosquitoes and flies.

Enrichment of anti-dandruff shampoo: As a general rule for creams, shampoos, gels etc use 1 or 2 drops per 5ml.

Vaporizers: Burners ; Light bulbs; Diffusers; Radiators. About 2 drops of oil is usually enough for each use.

Orange oil, 10 ml

Orange essential oil is used in aromatherapy to create the feeling of happiness and warmth, while calming nervous digestive problems. It deals very well with colds and flu, eliminates toxins and stimulates the lymphatic system, while supporting collagen formation in the skin.

Applications

As a blended massage oil or added to a bath, it assists with colds and flu, eliminates toxins, boost the lymphatic and immune system and helps ease nervous tension and stress.

Bath: For a full body bath up to 6 drops and 1-2 drops for a foot bath.

Massage: max 8 drops of Orange oil/25ml carrier oil (Almond, Apricot Kernel, Grape seed est.)

Vaporizers: Burners ; Light bulbs; Diffusers; Radiators. About 2 drops of oil is usually enough for each use. Burners: use 2 drops of oil in the burner.

One FREE bag

How to use:

Use in an essential oil burner, aromatherapy, aromatherapy diffuser, room sprays est.

See under individual products for more information.

Reviews

There are yet no reviews for this product.