

Clove bud oil (Eugenia caryophyllata), Available in: 10 ml glass bottle



Rating: Not Rated Yet

Price

£4.95

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Description

10 ml - £4.95

Cloves are native to the Maluku islands in Indonesia and used as a spice in cuisines all over the world (Cloves have been used historically in Indian cuisine both North Indian and South Indian). The English name derives from Latin clavus 'nail' (also the origin of French clou and Spanish clavo, 'nail') as the buds vaguely resemble small irregular nails in shape.

Clove bud oil has stimulating and strong cleansing properties that soothe and relax. The oil has traditionally been used as a toothache remedy and for mouth and gum infections. A deep yellowish brown oil with a spicy pepper aroma Clove Bud pure essential oil is a valuable first-aid oil for use alone or in a blend.

More information:

Botanical Name: Eugenia caryophyllata.

Common Name: Clove bud.

Family Name: Myrtaceae.

Parts used: Buds.

Aroma: spicy and rich like actual cloves.

Colour: deep yellowish/brown.

Country of origin: Bulgaria (Europe).

Method of Extraction: Steam distillation.

Chemical Type: Eugenol is the compound most responsible for the 'cloves' aroma. Other important essential oil constituents of clove oil include acetyl eugenol, beta-caryophyllene and vanillin, tannins, gallotannic acid, methyl salicylate (painkiller); the flavonoids eugenin, kaempferol, rhamnetin, and eugenitin; triterpenoids like oleanolic acid, stigmasterol and campesterol. Eugenol can be toxic in relatively small quantities—as low as 5 ml.

Properties: analgesic, anti-inflammatory, antifungal, antimicrobial, anti-oxidant, anti rheumatic, antiseptic, digestive, stimulant, tonic and andaphrodisiac too.

Which systems/conditions benefit from its use:

Skin: Clove oil seems to be safe when applied to the skin. However, frequent and repeated application of clove oil in the mouth or on the gums can sometimes cause damage to the gums, tooth pulp, skin, and mucous membranes

Nervous: Clove essential oil is a powerful analgesic and well known for having a numbing effect on the nerves. For this reason Clove oil makes an effective emergency first aid treatment for toothache (oil of Clove toothache pain relief). For Emergency First Aid Care a drop of Clove Oil on a cotton swab can be applied to the surrounding gum line of the effected tooth for immediate relief.

A stimulant Clove enhances memory retention and is good for relieving brain fog, lethargy and depressive states of mind.

Respiratory: Clove Bud is recommended for various respiratory conditions such as asthma, sinus infections and bronchitis.

Skeletal: eases rheumatic pain, inflamed muscles and joints.

Digestive: Its stimulant properties make Clove Bud oil a helpful digestive aid. Clove oil will restore loss of appetite due to illness. Effective against vomiting, diarrhoea, intestinal spasm, dyspepsia, and parasites. Also eases nausea and bad breath due to gastric fermentation.

Endocrine: Clove may reduce blood sugar levels.

General: an agent that quickens the physiological functions of the body, temporarily increases body or organ function, good for convalescence, poor circulation, listlessness, physical fatigue. Strengthens and enlivens the whole or specific parts of the body. It's effectiveness for fever reduction.

Use Clove Bud essential oil as a tonic for strengthening the body and mind, as well as for intestinal parasites and for the prevention and treatment of infections.

Clove Bud aromatherapy essential oil has a similar antiseptic and anti-microbial qualities as Cinnamon oil and is powerful for treating a broad spectrum of viral, bacterial and fungal infections, including athlete's foot and toenail fungus.

The buds have anti-oxidant properties.

Cloves Bud oil are said to be an aphrodisiac too.

Blenda well with: Basil, [Cinnamon](#), [Ginger](#), [Lavender](#), [Lemon](#), Sweet Marjoram, [Black Pepper](#), [Peppermint](#), [Rosemary](#), [Thea Tree](#), [Thyme](#) and [Ylang -Ylang](#).

Applications

Massage: max 4 drops of Clove Bud in 25 ml Carrier oil.

Baths: For a full body bath up to 4-5 drops and 1 drops for a foot bath.

Medicinal Use

Cloves contain 15 to 20% essential oil which is mostly Eugenol which is a very strong antiseptic. Clove oil is often applied directly to an aching tooth, bringing immediate relief. Compounded with zinc oxide, it has been used in dentistry as a temporary tooth filling. It is a strong stimulant and carminative and used to treat nausea, indigestion and dyspepsia.

Vaporizers: Burners ; Light bulbs; Diffusers; Radiators. About 1 drops of oil is usually enough for each use.

Perfumery: clove essence is commonly used in the production of many perfumes.

Precautions

Clove oil can irritate the skin and mucous membranes and generally not for use in skin except in extremely weak dilutions of less than 1%.

Please respect the power inherent in Clove and use with extreme care! All the three clove oils (bud, stem and leaf) are skin and mucous membranes irritants; bud and stem oils can also cause dermatitis. Clove bud oil is considered the safest and the only one recommended for aromatherapy use, but even so should be used sparingly, and in low dilutions (less than 1%).

Safety Information: Never use undiluted on the skin. Use half recommended dilution or less! Mix with a suitable carrier oil, one drop to 5 mls of carrier oil ; Do not take any essential oils internally without consultation from a qualified aromatherapy practitioner ; avoid during pregnancy; should not be used on babies, infants and children; may cause skin irritation to sensitive skins. If accidentally splashed in the eye, rinse immediately with clean warm water or milk.

Clove seems safe for most people when taken in food amounts, but not enough is known about the safety of taking clove by mouth in larger medicinal amounts. Children should not take clove oil by mouth! It can cause serious health problems.

Special precautions & warnings

Children: In children, clove oil is UNSAFE to take by mouth! It can cause severe side effects such as seizures, liver damage, and fluid imbalances.

Pregnancy and breast-feeding: Clove seems to be safe when taken by mouth in food amounts. But pregnant or breast-feeding women should not take clove in medicinal doses. Not enough is known about the safety of using these larger amounts.

Bleeding disorders: Clove oil contains a chemical called eugenol that seems to slow blood clotting. There is a concern that taking clove oil might cause bleeding in people with bleeding disorders.

Surgery: Clove seems to be able to slow blood clotting, so there is a concern that it might cause bleeding during or after surgery. Stop using clove at least 2 weeks before a scheduled surgery.

But remember...

Although clove oil is a very potent oil that should be used with great care in aromatherapy, it does have wonderful properties - from stimulating the mind and lifting depression, to aiding digestion, relieving pain in arthritis and rheumatism, easing respiratory problems and assisting leg ulcers.

Important Note:

Any reference to a disease or condition name does not indicate a treatment for this disease or condition. Essential oils are without therapeutic indications. The information provided is for educational purposes only.

Reviews

There are yet no reviews for this product.