

Citronella (Cymbopogon winteriana), Available in: 10 ml glass bottle



Rating: Not Rated Yet

Price

£3.65

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Description

10 ml - £3.65

Citronella grass (*Cymbopogon nardus* and *Cymbopogon winterianus*) grows to about 2 meters (6.5 feet) and has red base stems. These species are used for the production of citronella oil, which is used in soaps, as an insect repellent (especially mosquito's) in insect sprays and candles, and also in aromatherapy, which is famous in Bintan Island, Indonesia.

The principal chemical constituents of citronella, geraniol and citronellol, are antiseptics, hence their use in household disinfectants and soaps. Besides oil production, citronella grass is also used for culinary purposes, in tea and as flavouring.

Citronella oil is obtained through hydro distillation from fresh plant material from *Cymbopogon winteriana* yava. The Citronella oil is free-flowing transparent liquid with yellow colour and typical aroma of Citronella.

More information:

Botanical Name: *Cymbopogon winteriana*.

Common Name: Citronella.

Family Name: Poaceae.

Parts used: the hardy grass.

Aroma: fresh, rich, strong, warm, sweet, lemony.

Colour: yellow.

Country of origin: Indonesia.

Method of Extraction: Steam Distillation.

Chemical Type: linalool, limonene, citronellal, citronellol, Methyleugenol, citral, geraniol.

Properties: antibacterial, antifungal, disinfectant, deodorizing, immunostimulant, invigorating, refreshing, neutralizes odours in the premises. Insect repellent (especially mosquito's) and rats.

Which conditions/system benefit from its use:

Skin: helps with skin irritation, dermatitis, eczema, fungal skin infections, soften skin and combat oily skin.

Muscular/Skeletal: reduces muscle aches, rheumatism.

Circulatory: reduces high blood pressure, normalizes blood pressure.

Respiratory: helps with colds.

Nervous: headaches, dizziness, tonic for mental disorders, nervous tension, anxiety, apathy. Loaded with fresh energy, increases the concentration of attention, help to clear the mind.

Perfumery: Citronella oil can also be used in perfumes, lotions, soaps and deodorants.

Generally: refreshment and disinfect the air, neutralizing odours. It can also help to freshen rooms, removes odours from sweat.

Blends well with: [Bergamot](#), [Eucalyptus](#), [Geranium](#), [Lavender](#), [Lemongrass](#), Neroli, [Peppermint](#), Petitgrain, Sage, [Ylang Ylang](#).

Applications

Aromalamp: refreshing, disinfecting and deodorizing air, insect repellent - 5-6 drops citronella oil.

Aroma Pendant: deodorizing, antibacterial - 1-2 drops of citronella oil.

Bath: invigorating, refreshing, relieves muscle pain - for a full body bath up to 6 drops and 1-2 drops for a foot bath of citronella oil.

Sauna: refreshing – 10 drops of Citronella oil, 500 ml of water.

Massage: toning, mental fatigue, nervous tension, muscle aches - 25 ml base oil / almond, avocado, apricot, grape seed / max 8 drops of citronella oil.

Foot Bath: eliminates odours, deodorizing: 1-2 drops citronella oil.

Room Spray: to freshen, deodorize, disinfect, eliminate odour, insect repellent for mosquitoes - 15-20 drops of citronella oil 250ml water, shake the bottle and spray the room.

Vaporizers: Burners ; Light bulbs; Diffusers; Radiators. About 2 drops of oil is usually enough for each use.

Precautions

Citronella oil may irritate sensitive skin. Avoid during pregnancy. Contraindicated for people with individual intolerance to this oil. Attention!

Highly concentrated! Storage temperature from 7 to 25 ° C. Keep away from children!

But remember...

Citronella is a powerful insect repellent but is also used to clear the mind, increases the concentration of attention and for its deodorising properties.

It's important not to confuse lemongrass essential oil with citronella oil, extracted from the closely related Cymbopogon nardus or C.winteriana, as these do not have the same properties.

Important Note:

Any reference to a disease or condition name does not indicate a treatment for this disease or condition. Essential oils are without therapeutic indications. The information provided is for educational purposes only.

Reviews

There are yet no reviews for this product.